

# **What To Expect When Starting Krav Maga (Krav Maga Journey Guides) (Volume 1) By Craig A De Ruisseau**

**By Craig A De Ruisseau**

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About Craig De Ruisseau: In mid 2011, I was a 42 year old American man living in New England and looking to get back into martial arts. Craig's Bookshelves.

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