

The Sadness Of Men

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Depression is more than just feeling sad or going through a rough patch. It s a serious mental health condition that requires understanding, treatment and a good <http://www.nami.org/Learn-More/Mental-Health-Conditions/Depression>

Take the depression test to see whether you are suffering from this debilitating psychological disorder. The test will score you on six different forms of depression <http://www.depressedtest.com/>

Contrary to popular belief, clinical depression is not a normal part of being a woman nor is it a female weakness. Depressive illnesses are serious <http://www.mentalhealthamerica.net/conditions/depression-women>

Expand research on differential response patterns to treatment for major depression in women and men, including established and new psychopharmacological and <http://www.apa.org/about/gr/issues/women/depression.aspx>

Men and women may experience depression very differently. This brochure describes common signs and symptoms, and treatment options for depression in men.

<http://www.nimh.nih.gov/health/publications/men-and-depression/index.shtml>

The nature of depression can vary from situation to situation. Signs, symptoms, even the way it's treated may depend on your sex, age, or other variables.

<http://www.webmd.com/depression/guide/depression-in-special-situations>

Why is depression in men commonly not recognized? There are several reasons why the symptoms of clinical depression in men are not commonly recognized.

<http://www.webmd.com/depression/depression-men>

Anxiety and depression are two of the most common mental health concerns in our society. They are often experienced as a complex set of emotional and functional

<http://www.takingcharge.csh.umn.edu/conditions/anxiety-depression>

In general, men tend to put off getting any kind of help because they think they are supposed to be tough, self-reliant, able to manage pain and take charge of

<http://www.beyondblue.org.au/resources/for-me/men/depression-in-men>

Depression in women: Understanding the gender gap About twice as many women as men experience depression. Several factors may increase a woman's risk of depression.

<http://www.mayoclinic.org/diseases-conditions/depression/in-depth/depression/art-20047725>

By learning how depression and help-seeking are different in men, psychologists are able to communicate their findings to physicians, family members, friends and

<http://www.apa.org/research/action/men.aspx>

Depression Comprehensive overview covers symptoms, treatment and coping with this mood disorder.

<http://www.mayoclinic.org/diseases-conditions/depression/basics/symptoms/CON-20032977>

Major depressive disorder (MDD) (also known as clinical depression, major depression, unipolar depression, or unipolar disorder ; or as recurrent depression in the http://en.wikipedia.org/wiki/Major_depressive_disorder

Psychiatrist Dr. Gail Saltz discusses how men and women show different signs of depression.

http://www.oprah.com/spirit/Depression-in-Men-and-Women?FB=fb_omag_men_women_depression

Depression is very common in those with Alzheimer's and other dementias. Learn about symptoms, diagnosis, treatment and medications often used for people with

<http://www.alz.org/care/alzheimers-dementia-depression.asp>

Depression is a serious but treatable medical condition- a brain disease- that can strike anyone, including men. In America alone, more than 6 million men have

<http://www.nimh.nih.gov/health/topics/depression/men-and-depression/depression-in-men.shtml>

On average, 1 in 8 men will have depression and 1 in 5 men will experience anxiety at some stage of their lives

<http://www.beyondblue.org.au/resources/for-me/men>

The ancient Greeks believed that depression was caused by an overabundance of cold black bile (one of the fluids that made up the human body), and that it had both

<http://www.artofmanliness.com/2015/03/16/the-history-of-depression/>

Site dedicated to helping men (and the women who suffer with them) get help for Depression (covert un-diagnosed) who may not recognize symptoms.

<http://mensdepression.org/>

So far we've discussed the history of depression, and explored its possible causes. Before we conclude this series next week with a guidebook on managing your

<http://www.artofmanliness.com/2015/03/24/leashing-the-black-dog-the-symptoms-of-depression/>

Jul 06, 2015 You might also be interested in: Anxiety - treatment options. Anxiety disorders. Depression. Depression and ageing. Depression and exercise. Men's health.

http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Anxiety_and_depression_in_men

1571 quotes have been tagged as sadness: Dr. Seuss: Don't cry because it's over, smile because it happened. , Mahatma Gandhi: When I despair, I remember

<http://www.goodreads.com/quotes/tag/sadness>

Depression in men can be hard to spot as depressed men often cover up symptoms. Male depression is a real illness; however, and needs treatment. Read more.

<http://www.healthyplace.com/depression/men/depression-in-men-understanding-male-depression/>

Depression is different from normal sadness. Depression is not simply feeling sad. Depression is a disorder with specific symptoms that can be diagnosed and treated.

<http://www.cancer.gov/about-cancer/coping/feelings/depression-pdq>

Depression is a state of low mood and aversion to activity that can affect a person's thoughts, behavior, feelings and sense of well-being. People with depressed mood

[http://en.wikipedia.org/wiki/Depression_\(mood\)](http://en.wikipedia.org/wiki/Depression_(mood))

Sadness touches our lives at different times, but usually comes and goes. Depression, in contrast, often has enormous depth and staying power.

<http://www.health.harvard.edu/topics/depression>